

Betty Goromonzi

Healthcare Assistant

PERSONAL DETAILS

Stand 112
Guruve
Zimbabwe

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Email: goromonzibettie@gmail.com

Gender: Female

Languages: English and Shona

Nationality: Zimbabwean

PROFESSIONAL AND ACADEMIC QUALIFICATIONS

- Caregiving Certificate - Alison
- 5 GCSE Ordinary level subject passes.

PERSONAL QUALITIES / SKILLS

- Passionate about helping others
- Dedicated and Reliable
- Appreciates confidentiality
- Basic wound care and dressing
- First Aid
- Infection Control
- Empathetic and Compassionate
- Safeguarding children and adults
- Person centered care
- Patient record keeping
- Administering medication
- Catheter care and maintenance

FAMILIAR WITH THE FOLLOWING EQUIPMENT:

- Thermometer
- Sphygmomanometer
- Pulse oxymeter
- Autoclave machine
- Adjustable beds
- Suction machine
- Glucometer
- Standing scale
- Hanging scale
- Oxygen equipment

REFERENCES

Available on request

PERSONAL SUMMARY

A mature, adaptable and motivated patient-focused individual, with expertise in delivering high quality care to clients. Experienced in providing tailored patient care to meet all aspects of their nutritional, physical and emotional well-being. Now seeking for a new and challenging position with a caring, supporting and reputable organization to advance my career.

RELEVANT WORK EXPERIENCE

Mvurwi Medical Center

Nurse Aide (July 2023 to February 2024)

Guruve Medical Center

Nurse Aide (January 2023 to June 2023)

Duties and Responsibilities:

- Providing patients with high quality person centered care in line with their care plans.
- Recording basic observations such as BP, body temperature, pulse, weight.
- Documentation of all care activities.
- Basic wound dressings and wound care.
- Attending to patients' daily care needs such as feeding, oral care, bed bathing, dressing up, bed making etc
- Administering patients' medication as detailed in the care plan.
- Ensuring that patients conduct their Activities of Daily Living (ADL's) and exercises comfortably, assisting whenever necessary.
- Assisting patients with toileting, whether mobile or confined to bed (including catheter care and colostomy care)
- Observe and alert the senior nursing personnel on any changes in patients' conditions and reactions to medications.
- Damp dusting, sweeping, mopping and maintaining general cleanliness of the home and its surroundings.
- Implementation of infection control standards.
- Providing companionship to patients.
- Covering patients with blankets, turning them over to prevent pressure sores.
- Assisting patients with their enquires and responding to all requests promptly and effectively.
- Preparation and serving of nutritious, healthy meals.
- Sluicing.